



CADAT / CDAA Joint Annual Conference April 25 – 26, 2025



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Course: *The Holistic Diagnosis and Treatment of Periodontal Disease*

Course Description:

We will discuss the diagnosis and treatment of periodontal disease in a holistic and comprehensive approach. This takes into account the patient's overall health, stress levels, nutrition, as well as their oral condition.

Course Objectives:

1. Present a 2025 approach to the diagnosis and treatment of periodontal disease that is minimally invasive and comprehensive.
2. Discuss the importance for all dental team members to understand a holistic and comprehensive approach to periodontal disease.
3. Understand the issues involving peri-implantitis.
4. Discuss modern treatment options available regarding periodontal disease.

Ajay Setya, DDS, MSD

Dr Setya started practice as a periodontist in 1995. It is his goal to provide the highest standard of periodontal treatment at reasonable cost in a caring and friendly environment. Since starting on his first periodontal patient, he has guaranteed that those standards are maintained through regular and extensive continuing education in advanced periodontal procedures.

Dr. Setya is an accomplished and experienced specialist in all aspects of periodontics, including gum disease treatment, bone regeneration, cosmetic and functional gum treatments and placing dental implants. A long-term desire to help people and have an impact on their lives motivated Dr. Setya to become a periodontist. "I have always wanted to help people in a meaningful way," he says, "I love restoring my patients' full oral health and improving their confidence with functional and cosmetic procedures. Old fashion caring and the latest technology are an amazing combination in helping our patients obtain optimal oral health."



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In 1990, Dr. Setya earned his Doctor of Dental Surgery Degree at Case Western Reserve University College of Dentistry in Cleveland, Ohio. While practicing general dentistry for several years, he returned to Case Western in 1992 and completed three years of specialist training and residency in Periodontics, earning his Master of Science in Dentistry Degree and full certification as a Periodontist in 1995. Dr. Setya spent a year of his residency at Case Western exclusively training in dental implant treatment.

He has since completed hundreds of hours of advanced dental implant training and has received numerous certifications in advanced techniques from the Misch International Implant Institute, Spear Dental Institute and the Pankey Institute; three of the most renowned advanced training centers in the country. Dr. Setya continues to take over 100 hours of continuing education each year to keep up with the latest developments in implant treatment and all other aspects of periodontal therapy.

Dr. Setya is a regular lecturer and trainer at dental and periodontal continuing education seminars across the U.S. and will occasionally conduct classes overseas. He has already given lectures on periodontal treatment, gum grafting techniques and dental implant procedures in the Middle East and Asia. Locally Dr. Setya conducts regular study club meetings for local dental specialists to help them keep abreast of the latest technical developments. He also delivers a training seminar four times per year to over 100 local hygienists in advanced hygiene techniques and successful patient education methods.

Dr. Setya holds membership in the following organizations: American Academy of Periodontology, American Association of Independent Periodontists, California Society of Periodontology and the American Dental Association/ California Dental Association / Orange County Dental Society.

Dr. Setya provides dental care to clients of a local organization called "Laura's House," a non-profit counseling and transition center for women seeking refuge from domestic violence and abusive relationships. He also provides an annual "Day of Free Dentistry" for needy members of the community as a member of the national "Dentistry from the Heart" program.

Dr. Setya is happily married with three children. When not in the office he loves spending time with his family, playing tennis, hiking, biking and traveling.