



CADAT / CDA A Joint Annual Conference April 19 – 20, 2024



Theresa Groody, DHSc, EFDA, CDA

terrigroody@gmail.com

www.theresagroodypresents.com

Course: *The ABCs of Direct Composites: Tips and Methodology for Teaching Adhesion, Bands, and Composites*

Course Description:

Created for didactic and preclinical instruction to all levels of dental assistants and EFDAs, this interactive lecture will review basics of restorative procedures to provide predictable, consistent, and superior patient care.

Confused about what each component really does? Not sure when total/self/selective etch is used? Convinced yet your practice needs to get onboard with sectionals? Think all flowables are the same?

Clinical tips for success and brand suggestions will be included as well as troubleshooting daily challenges faced while attempting to educate clinically competent team members.

Educational Objectives:

1. Compare/contrast generations of dental adhesives; explain basic functions of each component and when/why dentists delegate to use them.
2. Reexamine criteria for properly placed matrix systems.
3. Review material choices, placement/finishing/polishing techniques for each class of composite restoration and why each step is vital for long term success.
4. Rectify common areas of confusion and how to assess student's didactic and clinical understanding.

Speaker Bio

A dynamic and engaging national speaker and educator, Terri enjoys taking both dental and expanded functions assistants to their next level while facilitating her interactive presentations. Working in clinical and academic dentistry for decades and competent in curriculum design and assessment, she currently teaches Expanded Functions Dental Assisting Lecture and Laboratory courses at Harcum College (Philadelphia suburbs), where employed as the Assistant VP of Academic Initiatives & Continuing Studies.



CADAT / CDAА Joint Annual Conference April 19 – 20, 2024



In 2024, Dr. Groody completed a second term serving in the newly created EFDA position on the Pennsylvania Board of Dentistry, chaired the EFDA program approval process, and has recently been appointed as a CDCA-WREB-CITA examiner. As an appointed curriculum consultant for the American Dental Association's Commission on Dental Accreditation (CODA), Dr. Groody conducted site visits evaluating assisting programs across the country and completed her Doctoral dissertation in 2021, focused on excellence in preclinical education of dental assistants and EFDAs.

Dr. Groody is a DANB certified dental assistant (CDA), a founding member of the Pennsylvania EFDA Association, a member of the ADAA, ADEA, and an advisory board member for several programs. Some recent or upcoming meetings include Star of the South, Texas Dental Association, Midcontinent, Southwest Dental, Florida Dental, Arizona Dental Association, California Dental Association, and DS World 2022 & 2023.